

20 Ways To Avoid The Evil Plots of Shaytaan

1. Do not eat and drink with the left hand

Rasulullah ﷺ said, "When one of you eats, let him do so with his right hand, and when he drinks, let him do so with his right hand, for indeed Shaytaan eats with his left hand and drinks with his left hand."

[Sahih Muslim]



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2. *One should not travel in a group of less than three*

Rasulullah ﷺ said, "One on his own is a shaytaan, two travellers are two shayaans and three people are a travelling party."

[Sahih Bukhari]



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3. Do not give and take with the left hand

Rasulullah ﷺ said, "...for indeed Shaytaan gives with the left and he takes with the left." [Sunan Ibn Maajah]



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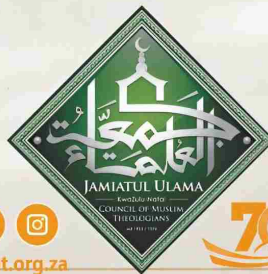
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4. Do not sit in partial shade and sunlight

Rasulullah ﷺ forbade that a man should sit in partial shade and sunlight. [Mustadrak Haakim]

Rasulullah ﷺ forbade that one should sit between sunlight (unshaded) and shaded areas, and he said: *"It is the sitting place of shaytaan."*

[Musnad Ahmad]



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5. Do not become Angry with your Family

Rasulullah ﷺ said, "Shaytaan comes to the bed of some of you after his family has prepared it for him, and he throws a stick, a stone or something else onto it so as to make him angry with his family. **So if someone finds that, let him not become angry with his family because it is from the deeds of Shaytaan.**" [Al Adab Al Mufrad]



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6. Do not walk in one shoe

Rasulullah ﷺ said, "Indeed Shaytaan walks in one shoe." [Mushkil al-Athar]

Rasulullah ﷺ also stated, "Let not any of you walk in one sandal, rather wear both together, or take both of them off." [Sahih Bukhari]



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7. Do not sit with a Non Mahram

Rasulullah ﷺ said, "A man is not secluded alone with a woman (who is not permissible for him) except that Shaytaan is the third."

[Sunan Tirmidhi]



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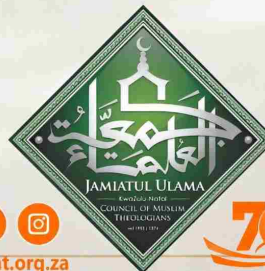
8. Refrain from Yawning Excessively

Rasulullah ﷺ said, "Yawning is from Shaytaan. When one of you yawns, let him suppress it as much as he can, for when you say 'ha' (i.e. make a sound when yawning), Shaytaan laughs (as this leads to laziness and negligence)."

[Sahih Bukhari]

And in another narration, "When one of you yawns, he should place his hand on his mouth, for Shaytaan enters."

[Sahih Muslim]



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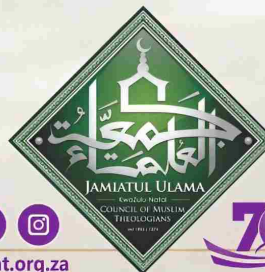


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9. Do not publicize Private Bedroom Secrets

Sayyidah Asma bint Yazid ؓ reports that she was once with Rasulullah ﷺ in a gathering of men and women.

Rasulullah ﷺ said, "Perhaps a man will say what he did intimately in his home? Perhaps a woman will tell others what she did intimately with her husband?" The people sat in embarrassed silence, so I said, "By Allah, the women say such and the men do such!" Rasulullah ﷺ said, ***"Do not do this, for it is like a male devil and a female devil fornicating in the street while people watch."*** [Musnad Ahmad]



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10. Say Bismillah when Mounting a Conveyance

Rasulullah ﷺ said, “On the back of every camel there is a Shaytaan. So when you mount it, say bismillah, then you will not be prevented from (fulfilling) your needs.” [Sahih Ibn Hibban]



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11. Fill in The Gaps During Salaah

Rasulullah ﷺ said, “Stand close together in the rows (of Salaah) for verily Shaytaan stands in the gaps.” [Musnad Ahmad]



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12. Protection Against Bad Dreams

Rasulullah ﷺ said: "Righteous dreams are from Allah and bad dreams are from Shaytaan. So if anyone has a dream and he dislikes something from it, let him spit (lightly without expelling saliva) to his left side and seek refuge with Allah, for verily it will not harm him, and he should not narrate it to any person. If he has a good dream, then it is a glad-tiding and he should not tell anyone of it except one whom he loves."

[Sahih Muslim]



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13. Be Wary of Hastiness

Rasulullah ﷺ said,

“Careful deliberation is from Allah,
and hastiness is from Shaytaan.”

[Sunan Tirmidhi]



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14. Recite Bismillah Before Eating

Rasulullah ﷺ said, “Shaytaan makes lawful for himself food upon which Allah's name (i.e. bismillah) has not been mentioned.”

[Sahih Muslim]



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15. Seek The Forgiveness of Allah

Rasulullah ﷺ said, "Shaytaan said: By your Might and Honour my Rabb, I will not cease enticing your servants so long as their souls are in their bodies. So Allah said, 'By my Might and Majesty, I will not cease forgiving them so long as they seek My forgiveness.'"

[Musnad Ahmad]



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16. Avoid Secretive Conversation

Allah Ta'ala said, "Secretive conversation is only from Shaytaan so that he may cause grief to those who have believed, but Shaytaan will not harm them at all except by the permission of Allah. And let the believers place their trust in Allah." [Al Mujadilah]

Rasulullah ﷺ said, "When you are in a gathering of three people, then two of you should not engage in a private discussion to the exclusion of the third until you are in the company of a larger number of people otherwise that will bring him sadness." [Sahih Bukhari]



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17. Avoid the Marketplace except for Necessity

Rasulullah ﷺ said, "If you are able to, do not be the first to enter the marketplace and do not be the last to leave them, for verily the marketplace is the battleground of Shaytaan and his temptations flourish."

[Sahih Muslim]



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18. Avoiding Excess in Worldly Possessions

Rasulullah ﷺ said, “There is a bedding for a man and a bedding for his wife. The third bedding is for his guest, and the fourth is for Shaytaan.” [Sahih Muslim]

Imam Nawawi (Rahimahullah) commented, “The scholars say that the meaning is that whatever exceeds one’s needs, then acquiring it is merely for boasting, showing off, competing in status, and becoming preoccupied with the adornments of this world. Whatever possessions are due to this quality is blameworthy.” [Sharh al-Nawawi ala Sahih Muslim]



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19. *Blowing one's nose upon awakening*

Rasulullah ﷺ said, "When anyone of you wakes up from sleep and performs Wudhu, he should blow his nose thrice, because Shaytaan has spent the night in the upper part of his nose."

[Sahih Muslim]

Imam Nawawi (Rahimahullah) comments, "Rasulullah ﷺ used the term *istinthār* which means to expel water from the nose after *istinshāq*, which is to draw water into the nose by sniffing it up so that it reaches the nostrils and the whole interior of the nasal cavity.

[Sharh al-Nawawi ala Sahih Muslim]



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20. Remembering Allah on a Journey

Rasulullah ﷺ said, “There is not a rider who isolates himself during his journey with Allah and in His remembrance, except that an Angel follows him, and a rider does not isolate himself with (blameworthy) poetry, or backbiting and tale-carrying except that Shaytaan follows him.”

[Tabarani]



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